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with Rebecca Campbell

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ASTROLOGY FOR THE YEAR AHEAD

Episode Transcript

Rebecca: Tell me what you see about 2024.

Aliza: There are going to be a lot of moments in 2024 where things get amplified. With 2024 we have a lot more energies of planets coming together and fusing.

Rebecca: We have a special episode where we are looking into the astrology of 2024. What you need to know and what you can embrace as we dive into this new year.

Rebecca: I am joined with the lovely, the amazing Aliza Kelly. Aliza is a real rising star in astrology. She has such amazing insight. She's a real mystic and I just love her. We met last year for a 2023 peer into the themes and it went so well. Everyone loved it so much we decided to do it again. Aliza is very pregnant and I'm so grateful that she has agreed to chat to us as she is on the cusp of this threshold herself. So listen up and, a reminder, if you want to explore more of what the year ahead has for you the Work Your Light Visioning Process is available. It's an amazing workbook and process where you can get clear on what you're wanting to release before you step into the year ahead and how you can really dream into how 2024 can be just such a wonderful year for you. I hope you enjoy this conversation as we dive into all that's in store for us in 2024.

Rebecca: Gosh, my gosh, 2023 It feels like every single year these days, it's like, oh my gosh, it's like a whole lifetime changing.

Aliza: Totally. Yeah, it is. I mean, the stakes are always, these past couple of years, the stakes have just been very high every year.

Rebecca: I would just so appreciate your wisdom, your guidance. Tell me what you say about 2024.

Aliza: So 2024 is, there's a lot of things that are very radically different about this year, this coming year, than the one that we just are coming out of 2023. And I would say that overarchingly, sort of,

you know, the big picture is that we have a lot fewer ingresses happening in 2024. So in 2023, we had Pluto going into Aquarius for the very first time. We had Saturn going into Pisces for the very first time. We had Jupiter going into Taurus for the very first time. And all of these ingresses, all of these beginnings of a planet through a new Zodiac sign have a really remarkable effect on the types of narratives and storylines that we're experiencing. So there were a lot of beginnings. There was a lot of newness that was happening in 2023. And I remember when we were talking about, you know, what was to come in the year ahead, sort of reflecting on when there's a lot of new things we really don't know. Right? Like, we really don't know what that's going to bring and what's going to happen.

Aliza: With 2024, we don't have as many ingresses, but we have a lot more powerful conjunctions happening. A lot of more powerful energies of planets coming together and fusing. So it's a little bit easier for us to create, to sort of ideate on what that could possibly mean. Because instead of this being something that is brand new, you know, we haven't seen it in 12 years or 30 years or 248 years or whatever it is. We have more data sets that we can rely on. So it's going to be these sort of, there are going to be a lot of moments in 2024 where things get amplified, where things are really loud, where we are sort of at this reckoning where we're processing things that we have been learning over the past several years. But I would say that there's not going to be as many surprises.

Rebecca: That's so interesting. And, like, is there a general theme or, like, is it, like, kind of integrating what we've been through? Like, where are we with that?

Aliza: Yeah, it's an integration. It's certainly like we're getting to some fever pitch points with it where it's we're at that sort of, like, do you get the lesson yet? Do you get it? Are you here? Which is important because when we reach that, when we reach those places in the cycle, we are, sort of, you know, invited to step into presence and to step into a real state of awareness that we don't often get to access, especially if we're just speculating on what something is going to be and trying to predict the future.

Rebecca: Wow. And like in the context of, you know, maybe people listening already in 2024 or maybe it's, like, end of 2023. But, regardless, what's important for us to acknowledge or do to kind of, like, complete or reflect on, like, the themes of 2023 in order for us to step fully into 2024.

Aliza: Well, some of the, there's some really important moments that are happening in 2024 that I think we should highlight. The first one is going to be taking place on Saturday, April 20th, which is going to be the Jupiter Uranus conjunction. Now, Jupiter stepped into Taurus last year in 2023. Uranus has been in Taurus since 2018. Taurus is associated with the physical realm. It's tangible, tactile things, which include our physical plane, which include the environment, which include the financial sector. So when we're thinking about Taurus, we're really thinking about sort of, like, you

know, what is something that we can actually stand on and ground ourselves with. Jupiter stepped into Taurus last year, and it has really brought a lot of financial considerations into the forefront, both positively and negatively. You know, I'm thinking about inflation. I'm also thinking about the fact that we had these, like, Beyoncé, Taylor Swift, Barbie movie is generating billions of dollars for the economy, right? So there was just this loud sort of, like, what does it mean for... What does abundance and prosperity mean? Both the good and the bad of it, right? The absence of it and the excess of it. So we have Jupiter and Taurus, who has been very loud on those topics. Jupiter is the planet of expansion, abundance. So anything it touches blows up, right? It's larger than life. Uranus is revolution, change, shocking things.

Aliza: Back in 2018, when Uranus stepped into Taurus, we had, you know, a lot of speculation around what cryptocurrency was going to be, around Bitcoin. We have seen that sort of oscillate over the past several years. And then also big changes to our consciousness around the environment. Since 2018 it seems, like, you know, there has been just a lot of climactic events, no pun intended, that have been really brought our attention to this has happened. This isn't something that we're imagining in a future dystopian scenario. This is something really happening right now.

Aliza: So at the end of April, when these two planets connect, this is one of the biggest transits, one of the biggest touch points of 2024. I think that we're going to, I'm predicting that we're going to see some really massive change relating to the economy and/or climate consciousness. And that is something that we definitely want to be, sort of, aware of and sensitive to, especially because when we are thinking about these big picture, these big, big, big planets, they're not personal, right? They're collective. They're about what we're all going to be experiencing and facing.

Aliza: Now, another really important transit that's happening in 2024 that we have not experienced in any of our lifetimes. Is Neptune reaching the anaretic degree of Pisces. Neptune is the planet of illusion and delusion and creativity and artistry. And it has a really spiritual and magical vibration to it. When it reaches 29 degrees, which is a critical degree, it is a, sort of, the touch point before it switches signs and goes into Aries. This is going to be sort of that fever pitch moment of what have you learned since Neptune entered Pisces way back in 2011? So for a lot of us, especially those who are in the spiritual realm, we can probably track a lot of our breakthroughs around spirituality back to 2011 time, back to that period. So next year, in 2024, or this upcoming year, depending on when you're listening. From May through September, so through a big chunk of that year, we're going to have Neptune at this really powerful reflection point where we can think, what does my spirituality, my creativity, my sort of collective understanding of what is going on in the world from these intangible sensibilities, very different than Taurus, what does that actually look like? And what does that mean? So those are two really special happenings that are occurring in this year ahead.

Rebecca: Okay. So what were the dates again? April?

Aliza: So April 20th is Jupiter Uranus conjunction. And then May 3rd through September 3rd, we're going to have Neptune at 29 degrees of Pisces.

Rebecca: Wow. So that's quite a long period.

Aliza: It is.

Rebecca: It's interesting. I love that it's linked to 2011. I've been feeling quite a bit lately, like, there's like a cycle ending regarding, like, my spiritual awakening process as well. Like, you know, I think they say that it goes in like seven year cycles or whatever. And so I find that really interesting. And I'd love to hear your thoughts on you know how everyone said, oh my gosh 2012 like the world's going to end and then it's going to begin again. And then we're kind of, like, we have lived on and there was so much awakening happening. But really we can reflect back on what we've lived into after and how much change has actually happened. What from your perspective and astrologically like that 2011, 2012 threshold and then what we've been through now? Like what are the echoes? What are the links?

Aliza: Well it's interesting because there's actually another one coming up. One of the things that I wanted to mention today and I say, tank, there are no coincidences. One of the things that I wanted to mention as we talk about 2024 is that we're harkening a lot to 2011, 2012 and the transits upcoming. So we actually have another one, which is that Jupiter is going to be entering the sign of Gemini this year in 2024, which is going to be taking place really shortly after this Jupiter Uranus conjunction. It's gonna be taking place in May. And the last time that Jupiter was in Gemini was 2012 through 2013. So we have this other sort of memory, you know, this psychic memory of us coming back to that time period in our lives. And for different, you know, everyone was, it was a long time ago now, right? It was, it's 12 years ago. So for some of us, some listeners might be like, oh my gosh, I was, like, so little then how can I even recall where I was? And for other people it feels like yesterday, right? It's really easy for us to sort of pull back those memories and think about what was going on in our lives. But what I think is really fascinating about this, the sort of return to 2011 and 2012 and exactly to your point, there was this conversation about the world is ending, the world is changing, these calendar systems. And that has a lot to do with the information, the technology, the communication, right? The dissemination of how we are moving through society and moving through self. And with Jupiter and Gemini we are going to be very curious about what's going on in the world around us. We are going to be very curious about the details. We want to get all of the little pieces of information.

Aliza: Jupiter and Gemini has an interesting sort of challenge that it faces because it, Jupiter is associated with big expansion, philosophy, sort of, you know, large scale thinking. It is in its home

base in the sign of Sagittarius. Gemini is the opposite of Sagittarius. So when we have Jupiter and Gemini it's kind of working at a disadvantage because Gemini is really focused on details and nuance, speaking, communicating, you know, who's doing what, what's going on over there? What are they eating at that table? Where Sagittarius is thinking big picture, you know, what does this all mean holistically? So with Jupiter in Gemini we can get sort of bogged down with the details. And if you remember in 2012, you know, especially as we're thinking about, like, the apocalypse and the world ending, it's like, what are the details, right? Like what are we going to need to know if this is really happening? If this is really taking place? And it was all about, sort of like, watching for those sort of micro moments of, like, oh, yeah, that's a sign. That's a bad sign.

Rebecca: And it was as if, like, something was actually like, it felt like it was going to, like, physically happen or something. Or do you know what I mean?

Aliza: Yeah. I remember I was at, I was in college or I was finishing up college and I was at this, like, music event and there was this big cloud that came over the horizon. And it was in Minnesota in, like, the spring so of course a big cloud is coming over the horizon. Like this is very typical climate for this region. And I remember myself and whoever I was with was, like, that's it. You know that's it. That's the cloud.

Rebecca: It's the end of the world. Oh my gosh. Wow. That's so interesting. Well, yeah, when I reflect back, I, it was such a powerful time for me 2011, 2012. I went through a massive Kundalini awakening, 2011. And then off the back of it, I finally was, like, oh my gosh, fuck it, I'm just going to, I'm going to do, I'm going to answer the call, I'm going to do it. And so I started my business over that. Like, literally over the 2011, 2012 New Year's Eve. Maybe it was because I thought the world was going to end I'm, like, oh, well I'll just face my fears.

Aliza: Might as well. Yeah, nothing to lose. But I do think that that's, I think that a lot of folks, a lot of spiritual people had breakthroughs at that time. I do. I have seen that time and time again in my practice. If you really trace back to when, you know, even just the seeds were planted. We could go back easily to that time period. Neptune entering Pisces and then Jupiter followed up with Jupiter in Gemini. What are the details? What are the, you know, what are the small sort of granular things that I need to know?

Aliza: So really interesting movement across these different planets connecting. You know, harkening us back to that time period. I also want to mention that we have a new eclipse cycle that's going to be starting in 2024, which ties into this really, you know, also very effortlessly. Which is that in the fall of 2024. So on September 18th, 2024, we have the first Virgo Pisces eclipse for a brand new eclipse series that's starting. We haven't had these eclipses since 2015 through 2017. Now we're starting to get into more recent history, you know? It's, we're actually, it's amazing, like, we're far enough away from those years somehow, even though it feels like yesterday that we have

gone through that, you know, it's going to be nine years. It's nine years since 2015. So Virgo and Pisces especially, we're going to have, you know, so much mutable energy at that time in the fall. We're going to have Neptune in Pisces. We're going to have Jupiter in Gemini. We're going to have these eclipses on the Virgo and Pisces axis. So really the only mutable sign, because the mutable signs are Gemini, Virgo, Sagittarius and Pisces, which all have to do with change and transformation. They're all very, they have this flexibility, this adaptability to them. They make us very, sort of, versatile in our interests. The only one that we're not going to have represented is going to be Sagittarius. So that means that we're going to need to evoke Sagittarius for ourselves at that time. We're going to need to evoke the principles of it so that we can make sure that we're well rounded in our approach and we're not just focusing on details or perfection or Pisces, you know, the big spiritual vision. We also need to have our passion. We need to have excitement. We need to have joy. We need to have pleasure. We need to have fun. You know, those are the Sagittarius principles. So we're going to need to make sure that we are generating that for ourselves, especially as we get into the second half of 2024.

Rebecca: Okay, cool. So that's from, like, the fall. So September 18th you said from that on be playful, have fun and be adventurous? I love it. My daughter, I know your daughter, your baby, Scorpio or a Sag we don't know yet. But my daughter is a Sag. And I didn't know very many Sagittarians, actually. And I was thinking I'd be more comfortable with Scorpio, but, oh my gosh, she's so much fun. She's just pure joy. So I love the Sagittarius energy.

Aliza: Yeah, Sag energy is really just, you know, how do we maximize a good time? It's wildfire, you know? So wildfire knows no boundaries. It just wants to be free. It wants to explore. It wants to experience as much as it can in this lifetime.

Rebecca: Amazing. And are there any other key dates to watch out for?

Aliza: So I'm sorry to say that we have a Mars retrograde starting at the end of the year.

Rebecca: Oh, no. End of next year? As in this year if it's 2024.

Aliza: Yes, yes, yes. December 6th, 2024. It's my personal least favorite retrograde. It is the rarest retrograde because it only happens every two years. It's a long retrograde. So this starts in December and goes until February. And it's the energy around it a Mars retrograde is sort of like a, you know, slow your roll. Take inventory. Are you moving too fast? What's actually going on? So Mars retrograde kind of brings us to a halt. Now because we're going to have this very late into 2024, in December of 2024. It's possible that by that time we're going to be, like, I need a break. That's okay. I'll take the Mars retrograde break. I'm tired. I have been taking on way too much. I'm overloaded and maybe taking inventory and reflecting here is exactly what I need. So it's possible

that the timing of this is going to feel just right for us. But it is one of the 2024 transits to watch out for.

Aliza: And then the last 2024 transit to watch out for is that we have Pluto going back into Aquarius. Pluto entered Aquarius last year for the first time. It only got to zero degrees. In 2024 it is going to be moving to two degrees, which is not, you know, does not sound like very much. But in Pluto talk, it is. It's a big deal as it relates to Pluto. Because Pluto is an extraordinarily slow moving planet. So every single degree it sits on. It's sort of like we are, we anchor ourselves in that place. We anchor ourselves at that degree point. So from 0 to 2 degrees, Pluto is going to be creeping closer, you know, deeper into the sign of Aquarius. And this is going to be the last year, 2024, that it goes in and out of Capricorn before settling in permanently to Aquarius, where it will be for a really long time.

Rebecca: So what does that mean?

Aliza: So Pluto in Aquarius, is one of those planets and one of those sort of happenings that astrologers are making a lot of predictions around. But the last time it happened was 1777. So, you know, a lot of things have changed since then. So we really can only sort of pair what the planet does with what the sign does. And then we're going to, you know, my philosophy is that we then throw up our hands and say, let's see. Let's see what's going to take, how this is going to manifest. Let's see how this is going to transpire. But what we know is that Pluto is the planet of transformation on the largest scale you could possibly be working on, right? So what are the largest scales that we could possibly be working on for humanity right now? A lot of it has to do with the government and institutions. A lot of it has to do with sort of countries and leaders and people in very major positions of power. We could also throw billionaires in there. They have a lot of power. They have a lot of money. So it's really people, individuals and entities that are, sort of, really responsible for moving and positioning society, right? So that's what Pluto does. From Pluto entering Capricorn in 2008, a lot of astrologers, present company included, really see that as sort of the height of late stage capitalism. And in these final degrees of it, the recognition that there's a lot of issues with this, there's a lot of problems. There's a lot of, you know, these institutions are kind of like hanging by a thread. A lot of them. Especially here in the United States, you know, where our healthcare system, for instance, is, just, like, you know, as someone who is pregnant right now and navigating it, like, I can truly say a complete joke. So when we're looking at these like, you know, big institutions, these big concepts, we're getting to those final degrees of Capricorn. We're saying this really isn't working. You know, like, something's wrong. Something's up. Aquarius is the sign that is associated with revolution, progress, rebellion, innovation, technology. It's also the sign associated with humanity at large, with the people. It's a very popular sign. So what that is also signaling to us is that in recognizing that these systems are in need of, you know, some really, like, beyond a facelift, right? Like, it's like, we're passed a facelift. We need a real total rehaul of them. Aquarius is showing up and saying, well, what if instead of prioritizing

power, instead of prioritizing money, instead of prioritizing, you know, and like, revering these, like, billionaire figures right.? Putting them on the cover of all of the magazines. What if we start to shift our focus to the people? To the people who are changemakers, to the people who are thinking about others, to the people who are actually working for the greater good. So those are some of the Pluto in Aquarius hopes. There's also the Pluto in Aquarius fears because Aquarius is associated with technology. There's also a lot of astrologers who are saying this is going to be the AI takeover, this is going to be, this is the downfall of humanity because we're going to out technology ourselves and make ourselves irrelevant. Perhaps. You know, it's possible. There's lots of different ways that we could interpret something of this magnitude. But I am an astrologer who definitely, you know, doesn't want to create more fear and anxiety in the world. So I, if I'm going to make predictions about something, it's going to be the ones that I feel sparked by. Not the ones that generate paranoia and anxiety. Because, frankly, who needs more of that?

Rebecca: Oh my God. We do not need more of that.

Aliza: We have enough.

Rebecca: And so I'm curious, like, have you looked into, like, the years that precede? That go after like 2025, 26? Like, do you see, like, a kind of story arc happening?

Aliza: You know, I don't love 2025. Period. I don't love it. I, well, you know, based on from what I just said of someone who does not want to generate fear. Let's save 2025 until after we see what happens with 2024.

Rebecca: Okay. Okay. Well, we're always changing our future through our present thinking and acting and all of that.

Aliza: It's true.

Rebecca: Wow. And, like, if you were to, say, put 2024, like, have some key words of 2024, like maybe three three phrases or three key words, what would they be?

Aliza: I would say breakthrough, information and patience. Though that is not one, that's an aspiration.

Rebecca: Amazing. And with this, the first couple of months of 2024, what kind of attitude or what type of thinking will support us?

Aliza: So I think that recognizing that we are continuing cycles is really important as we step into 2024. Again, in 2023, a lot of it was, like, okay, it's a new storyline, it's a new narrative, what's, you

know, let's plant seeds and establish ourselves here so that we can link our goals and our desires and our affirmations to these new beginnings. In most instances of 2024, it's going to be sort of a continuation of a lot of the seeds that we planted in 2023, even 2022. So we're sort of still working on those stories, right? Which is why patience is important. Because sometimes, you know, we're going to get bored. We're, like, okay, I want to switch things up. Like, I'm actually, like, I'm over whatever I said I wanted at the end of 2022. I want something new now. But it's, like, well, you know, you got to see it through, right? We have to see through what our desires and our hopes and our intentions are, if anything, so that we can learn from them. It doesn't mean that we can't make pivots along the way. It doesn't mean that we're stuck. It doesn't mean that we're sort of, like, held responsible for visions that we had that we have outgrown. But at the same time, this is also a year to say, okay, how do I double down? You know, how do I really continue to implement and effect change in a way that is true to my spirit? Now, if you set intentions or you came into 2023, so we're going back in time now. Whenever we talk about a new year we're doing a lot of time traveling.

Rebecca: I'm pregnant.

Aliza: Yeah. You're pregnant. I'm not. Whenever we go back in time, we could say, well, you know, the things that I wanted then now I realize they weren't actually aligned with my truth. They weren't in my best interest. Can I change it now, or am I stuck? Am I trapped with these, you know, antiquated and sort of inauthentic ideas about what I wanted and who I wanted to be. And the advice that I would offer for someone who's navigating that is to allow that change to start to arrive organically. Even if, you know, just the awareness of, like, what I wanted I actually didn't really want or I wanted it for the wrong reasons. Like that is a breakthrough in and of itself. So as you continue to move through that cycle, you're going to keep getting these messages, you're going to keep getting information, you're going to keep being guided to sort of, you know, choose one route instead of the other or make this decision instead of that. It's still your story. It's still the continuation of your story. It's just looking very differently than you anticipated. And that's a beautiful thing.

Rebecca: I love that. I've seen so much of that, actually, just with friends and students of just, kind of like, it's felt like particularly with the Venus retrograde, it's, like, everyone's, like, simplifying and getting clear about, like, what isn't aligned, what they don't want even more than what they do want.

Aliza: Yeah, yeah. And I think that, you know, a really interesting sort of, like, a pop culture manifestation of that is everyone getting their fillers dissolved, right? Like there was this not that long ago where everybody was like getting the most fillers in their face imaginable. Where they were, like, puffing themselves out like blowfish. And now we're moving into this, like, we're saying we went too far. That wasn't really us. We don't even look good when we're that puffed out. So

every, you know, there's this movement to getting your fillers dissolved. Or, like, embracing aging and not in a gimmicky way, but in a really, like, you know, I feel better looking like myself than I do looking like the face that everyone else has on Instagram. And I think that that is kind of, you know, that's the growth, right? That is an example of the type of journey that we're on of self-actualization. And it might not seem like one because that is, like, such a, you know, working on such a superficial level, but as above, so below, right? Like it is reflective of some changes that are happening within the collective.

Rebecca: Amazing. Well, thank you so much. It's been brilliant to do this yearly date with you and, yeah, wish you all the best with your beautiful baby and your birthing and, yeah, 2024.

Aliza: Thank you so much.

Rebecca: I just wanted to let you know that the Work Your Light Annual Visioning Process is out now and available for instant download. It's a process and workbook that I've crafted over the past eight years. Something that I do with my husband and my loved ones always at this time of year. And I actually created it at this time of year because I was looking for a way to just really end the year that was and fully step into the year ahead in a way that was, like, really deeply aligned with the wisdom within and what my soul was really, truly calling me to do. It will help you get really super clear on what your soul's calling you to do and step into in the new year, as well as release those things that are no longer in alignment. It will also help you break it down into really tiny, achievable steps that will really help you integrate what's rising within you into your life. Want something to do with your loved ones or even just something to do yourself at this time of year getting ready for 2024. Then head over to rebeccacampbell.me/visioning and you can download it instantly.